



**Mancos School District RE-6  
Middle and High School  
Athletic/Activities Handbook**



**Membership:**

Mancos Middle/High School is a member of the San Juan Basin League Activities Association, Colorado High School Activities Association and the National Federation of the State High School Associations.

These associations have united to secure the benefits of cooperative action which eliminate unnecessary duplication of effort and which increase efficiency through the pooling and coordinating of ideas of all who are engaged in the administration of high school athletic and activities programs.

**Rules and regulations governing interscholastic athletics/  
Colorado High School Athletics Association-CHSAA**

Interscholastic athletic programs in the state of Colorado are governed by CHSAA, (Colorado High School Athletic Association). CHSAA supervises and administers all programs and rules as approved by the state. Those persons directly involved with interscholastic programs will receive access to the CHSAA handbook. Coaches should be thoroughly familiar with its contents. Coaches are expected to know and follow all CHSAA guidelines and regulations. Link to [CHSAA handbook](#):

**Our Athletic Philosophy:**

Our athletic programs are committed to fostering the personal, academic, and athletic development of our student-athletes. We believe in the power of sports to teach valuable life lessons, promote character growth, and create a sense of belonging within our school community.

Education and personal development are at the core of our philosophy. We strive to provide student-athletes with a well-rounded experience that balances their academic responsibilities with their athletic pursuits. We believe that participating in sports can enhance discipline, teamwork, time management skills, and instill a strong work ethic that will benefit them both on and off the field.

Sportsmanship and fair play are non-negotiable principles that guide our program. We prioritize integrity, respect, and ethical behavior, expecting all participants to demonstrate good sportsmanship, whether in victory or defeat.

Inclusivity and participation are key aspects of our athletic program. We believe that every student should have the opportunity to participate in sports, regardless of their skill level. We aim to create an inclusive environment where athletes feel valued, supported, and have opportunities for growth and improvement. We celebrate diversity and recognize the unique contributions each individual brings to our teams.

The health and safety of our student-athletes are paramount. We prioritize their physical and mental well-being, providing proper training, equipment, and adhering to established safety protocols. We promote a culture of self-care, injury prevention, and encourage open communication between athletes, coaches, and parents/guardians.

Positive coaching and leadership are fundamental elements of our program. Our coaches serve as mentors, motivators, and role models, focusing on building strong relationships with our student-athletes. We emphasize positive coaching techniques that foster growth, resilience, and

character development. We believe in empowering our athletes to become leaders both on and off the field.

Ultimately, our goal is to provide a high school athletic experience that prepares our student-athletes for success beyond graduation. We aim to develop well-rounded individuals who exhibit a strong work ethic, display integrity, and possess the skills necessary to contribute positively to society. Through our athletic program, we hope to instill lifelong lessons and a love for sports that will extend far beyond their high school years.

### **Athletic Participation Requirements:**

A student may participate in Mancos Middle/High School athletics programs provided the following requirements are met:

#### **Eligibility:**

Students must meet the eligibility requirements set forth by CHSAA and the Mancos School Board of Directors.

#### **Physical Examination:**

Students must have on file with the Athletic Director the results of a physical examination conducted by a practicing physician, physician's assistant, nurse practitioner, Doctors of Chiropractics who are school physical certified. A copy **MUST** be on file prior to participating. Students will not be allowed to practice without a current physical.

#### **Insurance Verification:**

Students **MUST** provide current insurance coverage information prior to each new school year. If a family wishes to purchase insurance for their child, a form and information can be obtained from the athletic office. A copy must be on file prior or participating.

#### **Code of Conduct and Warning Acceptance:**

Students and parents will be required to sign the code of conduct that states guidelines and acceptance of behavior set forth by CHSAA, and the Mancos School District. They both must also sign the warning acceptance that they are informed of the serious, catastrophic, and perhaps fatal injuries that may result from athletic participation.

#### **Activity Participation Fee:**

The participation fee must be paid before participating. All athletic fees are collected by the Mancos Athletic office. Students shall remit a participation fee based on the following.

High School students:	\$75 per activity 2023-2024
	\$85 per activity 2024-2025
	\$100 per activity 2025-2026
Middle School students:	\$40 per activity 2023-2024
	\$45 per activity 2024-2025
	\$50 per activity 2025-2026
Family fee will not exceed	\$300 per year per family
Knowledge Bowl activity fee	\$50 for High School    \$35 for Middle School

#### **Emergency Treatment Form:**

Each participant must have an emergency treatment form on file with the athletic office. This will be updated yearly.

**Blue Card:**

Each participant will be required to obtain a Blue Card to begin participation in each activity. A Blue Card represents that all the above requirements have been met; (enrolled with Mancos School District, physical on file, current insurance on file, all forms signed by parent(s) and participant, fee paid), as well as any uniform or school issued equipment returned from the previous sport. A Blue Card is issued by the Athletic Department only.

**Participation Requirements by CHSAA and the Mancos School District:**

A student is eligible to represent Mancos Middle/High School if he/she meets the following specific requirements:

1. He/she is a bona fide undergraduate member of Mancos Middle/High School.
2. He/she is a representative of the school's ideals in matters of conduct and sportsmanship, in the judgment of the administration.
3. He/she is a full time student and meets eligibility criteria.
4. He/she must have been eligible in accordance with the preceding paragraph at the close of his/her last prior semester of attendance.
5. He/she meets the age and attendance requirements set up by CHSAA.
6. He/she must meet the practice requirements set up by CHSAA as outlined in the CHSAA handbook.
7. He/she must be in attendance all day in order to practice or participate in any interscholastic competition unless prior permission has been obtained from the athletic office.

**Academic Eligibility:**

- The student has until Thursday at 3:00 PM to assure their eligibility.
- The teacher shall have grades updated and ready to report participant eligibility to the Athletic office by 3:00 PM, Thursday.
- The Athletic Administrative Assistant shall compile and provide a weekly list of ineligible participants to the athletic director and principal each Thursday. The list is final and will be in effect from the following Monday through Sunday.
- If the student has 1 F or more in a week, the student is ineligible to participate that following Monday through Sunday.
- If the student has 2 or more D's, he/she may be required to attend after school study hall/homework help until the grade is raised to a C- (70%) or higher.
- If a student has an F and is ineligible for 3 consecutive weeks, he/she will be removed from the team.
- The student is expected to practice and is considered a team member when ineligible.
- A student will be ineligible for the next scheduled game if reported as truant or having an unexcused absence.

Any high school student who receives a F for the semester shall be declared ineligible for the following period set forth by CHSAA bylaws pertaining to individual sport regain dates.

A student who has not returned his/her uniform and equipment is not eligible to participate in the next season's sport. The most recent coach shall ensure his/her student has returned any outstanding uniform or equipment prior to participating in the next season sport. This includes satisfying any replacement cost for lost or unreturnable items.

A student must be in attendance at school for the entire school day in order to participate in any school-sanctioned activity that is conducted on that day. A student must be in school on the last day of school that is in session in order to participate in an event/activity over the weekend or breaks. An excused absence may be considered an exception if pre-arranged no later than one day before the event. Only in cases of emergency or extenuating circumstances shall the Athletic Director or designee grant an exception to this limitation. A student who is suspended out-of-school shall not participate at practice or competition during the term of the suspension.

CHSAA rules and regulations must be enforced at the official grading periods. Semester for high school and quarter in middle school. Grades will start over at the beginning of each respective grading period.

### **Outside Participation:**

Per CHSAA bylaw, as a member of any high school team, a student may practice or compete in that sport during that sport season in a non-school event with prior written permission of the principal. Members of high school teams may compete in non-school events in that sport without written permission on the day following the completion of the season for the level (freshman, sophomore, junior varsity, varsity) of the team on which they are competing. NOTE: A student becomes subject to the outside competition rule on or after the first date of formal practice, when he or she reports out for practice and is in contention for a berth on the team.

### **Athletic Admission:**

All high school activities:

Mancos Students and Staff with school ID	Free
Non Mancos Students K-12	\$4
Senior Citizens 55+	\$4
Adults	\$7

Post season games and CHSAA playoff games will be subject to the minimum and maximum admission guidelines set forth by CHSAA.

### **Athletic Chain of Command:**

The following chain of command must be followed starting with the players.

Player  
Coach/Coaches  
Athletic Director  
Principal  
Superintendent

If there are any questions or concerns involving some aspect of the athletic program, the athlete should first contact the appropriate coach. If there is no resolution, he/she would then go to the head coach etc. The athletics director will facilitate any meeting that is needed, but only after the appropriate chain of command has been adhered to.

Any inappropriate behavior at competitions due to an ongoing issue will be dealt with through disciplinary procedures for unsportsmanlike conduct for parents, students and staff. Continual violations may result in the loss of privilege to attend any CHSAA sanctioned competition.

### **Athletic Lockers:**

When available each athlete will have access to a locker in the team locker room. This locker is to be used by one athlete only through the duration of that sport season. At the end of the sports season, it is the responsibility of the athlete to clean out his/her belongings as soon as

possible. Students will be responsible for any damages. It is strongly recommended to bring a lock for your locker. Lockers are then made ready for the next sports season. It may be necessary for more than one team to share a locker room during any one or more sports seasons based on the availability of locker rooms, teams and participants. It is the responsibility of the athletic director to assign locker room space.

### **Athletic Equipment and Uniforms:**

Each athlete is responsible for proper care and treatment of all equipment and uniforms issued to them. The athlete will be billed for damaged or missing uniforms or equipment that was checked out to him/her during the sport season. They must return the uniform to the head coach at the end of the season.

### **Athletic Trainer/Injury/Health:**

Mancos High School takes precautions to maintain safe facilities and conditions. We provide athletic trainer coverage for as many athletic practices and competitions as possible that occur at MHS facilities. It is the responsibility of the student to notify the sponsor/coach and athletic trainer of all injuries and/or illnesses as soon as possible. Sponsors and coaches will make an initial assessment of a student's injury or illness and determine if referral to the athletic trainer is necessary. The athletic trainer will respond to these referrals and other medical emergencies and assess the nature of the injury/illness. The athletic trainer will complete the evaluation and consult with emergency services and/or a physician if necessary. If a student sees a doctor for an injury or illness, the student may not return to practice or play until the physician gives written approval clearing the student to return to action (whether it is limited practice, full practice, or competition).

Background: A certified athletic trainer is a healthcare professional who has a minimum 4-year degree. All athletic trainers must pass the national board of certification (BOC) exam and be registered within the state of Colorado to practice as an Athletic Trainer. Athletic trainers are healthcare professionals with expertise and skills in preventing, assessing, treating, and rehabilitating conditions and injuries to active and athletic populations. Athletic Trainers provide acute initial assessments, administer treatment and rehabilitation procedures for injuries to help facilitate a safe and speedy recovery, and work with individuals to prevent further injuries. Finally, Athletic Trainers are uniquely qualified to recognize and manage concussion injuries.

**Explanation of Services:** Athletic training services will be provided by Mercy Hospital.

**Concussion Information/Return to Play:** We will follow the guidelines set by NFHS.

### **Return to Play**

After suffering a concussion, no athlete should return to play or practice on that same day. An athlete should never be allowed to resume play following a concussion until symptom free and given the approval to resume physical activity by an **appropriate health-care professional**. Once an athlete no longer has signs or symptoms of a concussion and is cleared to return to activity by an appropriate health-care professional, he/she should proceed in a step-wise fashion to allow the brain to re-adjust to exercise. In most cases, the athlete should progress no more than one step each day, and at times each step may take more than one day. Below is an example of a return to physical activity program:

**Progressive Physical Activity Program** (under the supervision of Athletic Trainer)

**Step 1:** Light aerobic exercise- 5 to 10 minutes on an exercise bike or light jog; no weight lifting, resistance training or any other exercises.

**Step 2:** Moderate aerobic exercise- 15 to 20 minutes of running at moderate intensity in the gym or on the field without equipment.

**Step 3:** Non-contact training drills in full uniform. May begin weightlifting, resistance training and other exercises.

**Step 4:** Full contact practice or training.

**Step 5:** Full game play.

### **Awards:**

Lettering: participation in 25% of varsity contests and completion of the sport season.

SJBL Awards: Will be awarded per the SJBL Bylaws

CHSAA Awards:

All Conference - determined by vote of conference coaches. In wrestling, cross country and track the merit system is used.

All State - selected by the organization naming the athletes.

Academic All-State First Team Criteria: (1)-3.60 or higher cumulative GPA (2)-minimum junior in school (3)-must be a letter winner or equivalent in sport/activity nominated (4)-must be a participant in a CHSAA sanctioned sport/activity during current season.

Academic All-State Honorable Mention: (1)-3.30 to 3.59 cumulative GPA (2)-minimum junior academic standing (3)-must be a letter winner or equivalent in sport/activity nominated (4)-must be a participant in a CHSAA-sponsored sport/activity during current season.

3 & 4-Sport Participation Awards: The CHSAA 3 & 4-Sport Participation Awards recognize outstanding student-athletes who have participated, at any level, in three or four different sports during one academic school year. Any student-athlete who has achieved either of these feats is eligible to receive the 3 or 4-sport award.

### **Coaches Education:**

All head coaches must be familiar with the guidelines and rules as determined by CHSAA.

Article 16 covers general information dealing with qualifications of coaches, directors as well as assistant coaches. Article 23 discusses the guidelines for practices and scrimmages during the competitive season. The CHSAA Handbook containing the constitution and bylaws is available for examination by coaches and parents at any time.

**Concurrent Sports:** Concurrent sports are those in which two or more separate activities are being conducted during the same sport season. Being that Mancos is a small district, programs may share athletes during a season. The athlete must communicate with coaches from both programs and the Athletic Director prior to the season's start date. Each individual athlete must commit to which activity is their priority within one week of its formal workouts and communicate this with all coaches and the Athletic Director.

**Grievance:** This handbook is provided to you to ensure you understand the rules of our school. The District also provides written documentation of School Board Policy in regard to policy. You may review this document by setting a time with the District Office personnel. It is your responsibility and the responsibility of your parent/guardian to become familiar with the regulations and procedures contained in both publications.

Due process means you are given an opportunity to explain your perception of an incident for which you are receiving disciplinary action. It is appropriate to contact the next individual in the chain of command when a school official did not follow school and Board policy. It is not

appropriate to expect school officials to circumvent policy and/or consequences. Questions are always welcome. Should you have a question regarding the implementation of school policy and consequences, you must follow our communication process, speaking first with the school official/Coach, the Athletic Director, Principal, and the Superintendent and then to the School Board. You must submit any formal grievance within 30 days of the incident in writing to the Athletic Director with a copy to the Principal and Superintendent.

**Bullying/Hazing/Sexual Harassment:**

Individuals who are found to participate in harassing and bullying behavior will be disciplined and may be removed from season play. See the School Handbook for Discipline Procedures.

**Athletic Code of Conduct:**

While under the supervision of the coaching staff at Mancos High School, and while engaging in any activity connected with a team, an athlete must at all times place the best interests with their team and school. This includes all practice sessions, contests, travel and in any other situation where the purpose of the activity is related to team membership. Additionally, behavior referrals or other school rule violations may place the student athlete at risk of game suspension or removal from the team.

In cases where the conduct of an athlete becomes inappropriate as a representative of our school's interscholastic program, he/she may be subject to expulsion from the team. Such measures will be taken only after consideration of the circumstances by the coach and the Athletic Director.

The following is a list of unacceptable behavior that may result in the forfeiture of team membership. This list should not be considered complete, since there could be other infractions occurring of the same severity.

- Use of drugs
- Use of tobacco products
- Use of alcohol
- Stealing
- Flagrant misconduct
- Insubordination
- Failure to meet responsibilities to the team: family vacations (other than during the times designated by the school calendar), hair appointments, baby-sitting, etc. are examples of unacceptable substitutes for team practice sessions and games
- Poor sportsmanship

**Coaches and Coaches Code of Conduct:**

To coach or be a volunteer coach you must be a minimum age of 21 years.

**Coach Expectations:**

- Uphold the 14 Duties of a Coach
- Establish and communicate the criteria and expectations for program participation
- Model Sportsmanship and High Character
- Communicate regularly with players, families, and the Athletic Office.
- Set and keep a high standard of appearance and conduct in alignment with District policies
- Attend meetings and professional growth opportunities

- Create a positive team climate
- Ensure that quality supervision is taking place during all practices, games, tournaments, and travel.

**Coaches will be evaluated by the Athletic Director on a yearly basis.**

**Sportsmanship Guidelines for Parents:**

Playing time and game strategy are the job of the coach, not the parent. Coaches are instructed to inform our students about their role on the team and how they are performing or can improve. Playing time, strategy and discussion about other team members is not allowed.

Remember that you are at a contest to support and cheer for your team and to enjoy the skill and competition; not to intimidate or ridicule the other team and its fans.

Do not yell instructions to your child during the contests. Sometimes the best thing you can do as a parent is to be quiet.

Make no negative comments about the game, coaches, officials or teammates.

DO NOT go onto the field or court even in the event of injury. We will ensure that your child receives the best care needed.

ANY questions need to be done in writing and brought up with the coach the following day. Meeting with a coach directly after a contest with complaints is not allowed.

**Discipline Procedures for Unsportsmanlike Conduct for Parents, Students, and Staff:**

Discipline procedures for unsportsmanlike acts recognized by the officials of the contest, coaches or game administration

**STEP I:** discussion of the incident, warning of possible consequences if there is another incident with a letter regarding the situation placed in the file.

**STEP II:** discussion of the incident, insistence on self-control and a suspension of at least ONE contest, a letter regarding the situation will be placed in the file.

**STEP III:** discussion of incident, suspension of at least TWO contests, letter regarding the situation will be placed in the file and possible removal from the activity for the remainder of the season.

**STEP IV:** follow the guidelines set up by CHSAA if cases of removal from a contest by an official occur.

The administrator or designated representative of the school, in attendance at the contest will handle unsportsmanlike acts, not recognized by the officials of the contest, in an appropriate manner.

**Activity Trip Rules:**

- No glass containers
- Heavy objects must go underneath seat when possible or in the luggage compartment
- Rear dome lights must stay on
- Students must abide by the dress code
- No boys and girls in the same seats



- When boys and girls travel together they will be placed boys or girls in the back and the others in the front. They will trade off on each trip.
- No loud music – use walkman or headphones
- No sleeping or sitting in the aisles
- Stay seated when the bus is moving
- Keep aisles clear
- Keep emergency exits clear
- Please keep feet off the seats
- Do not throw anything out of the windows
- Any damages on activities and/or field trips (broken windows, cut seats, discharged fire extinguishers, etc.) will be paid for by the student or the activity group if no one accepts responsibility for damages.

**Interscholastic Athletics Training Rules:**

Participation in extracurricular activities, including interscholastic athletic activities offered by the district, is a privilege rather than a right. This privilege is earned through academic achievement as well as good citizenship and is contingent on compliance with all applicable rules and standards of the school and CHSAA. Students participating in extracurricular activities are required to maintain a higher standard of conduct than other students.

These training rules are established to enhance school activities and programs, and to ensure the protection of the health, safety, and welfare of those students involved in activities who must also meet the requirements established by the Colorado High School Activities Association (CHSAA). These training rules may be reviewed periodically upon request of the Board, superintendent, principal, athletic director, or coaching staff.

These training rules shall be applicable during each sports season during the school year.

1. Any athlete who knowingly uses tobacco products by smoking or chewing or drinks or is in possession of alcoholic beverages will be in violation of the training rules.
2. Any athlete who possesses or uses drugs, including prescription drugs without a prescription, narcotics, and steroids will be in violation of the training rules.
3. Any athlete who knowingly and willfully commits a criminal action that would be considered a second-degree misdemeanor, first-degree misdemeanor, or a felony will be in violation of the training rules.
4. All varsity head coaches have the right to add to these training rules including the addition of personal appearance standards, curfew hours, etc. Any additions must be approved by the principal and placed on file in the principal's office and with the athletic director. Additions will be in effect only for the specific season of that sport. Any athlete who knowingly violates these additional training rules will be in violation of the training rules.
5. All rules governing extra-curricular activities shall be complied with by student participants.

**Procedure for Application of Policy:**

1. Any athlete alleged to have violated the rules shall be reported to the principal and the athletic director with a written statement as to the violation or with the agreement to make a statement before a hearing committee. Allegations made by a staff or law enforcement members will be considered. The principal and athletic director will

determine the validity of the allegation and whether the allegation should be forwarded to the hearing committee. If the principal and athletic director is the same person, the superintendent will be the second party involved in the determination.

2. The athlete will be notified of the alleged violation and will be informed that the athlete has a right to a hearing. The athlete must inform the athletic director of the athlete's intention to have a hearing within 24 hours of being notified of the violation. If the athlete does not request a hearing, the committee will make findings based on the information available and, if appropriate, may enforce policy punishments as the hearing committee deems appropriate.
3. The hearing will be held on the next scheduled school day unless a scheduling conflict exists. The hearing committee may modify this schedule when necessary.
4. The athlete will be suspended from practices, games, and events until the hearing is held and a decision is reached.
5. The hearing committee will be composed of the athletic director, principal, and head coach of the sport in whose season the violation occurred. If the principal and athletic director is the same person, the superintendent will be a part of the committee. In any situation where only two people might have the job titles listed, the third committee member will be a head coach selected by the athletic director.
6. At the discretion of the committee, the athlete's parent(s)/guardian(s) shall be invited and other persons may be invited to the review meeting. The staff member or law enforcement agent making the allegations will be present unless extenuating circumstances prevent attendance. If the person making the allegation is not able to be present, that person must provide a signed written statement of the alleged violation.
7. After the hearing a decision will be reached by the committee concerning the allegation and the application of policy enforcement and the committee decision will be final.

### **Drug and Alcohol Policy for Extracurricular Activities - File JJJ-1**

Please refer to Policy for full reading.

Purposes of this policy:

1. To provide a healthy and safe environment to all 6th-12<sup>th</sup> grade students to which this policy applies.
2. To discourage all students from using drugs and alcohol.
3. To provide students with the opportunity to become leaders in the student body for a drug and alcohol free school.
4. To provide solutions for the student who may use drugs and alcohol.
5. To encourage students to remain drug and alcohol free.

### **Random Selection:**

Random testing will be unannounced. A system will be used to ensure that students are selected in a random fashion. This system may include a computer generated random numbers or names or by pulling numbers from a poll of numbers equal to the number of eligible students.

School officials have the right to have a student tested for drug and/or alcohol use when there is "reasonable suspicion", (not rumors). This applies to all students participating in an extracurricular activity during that season.

When a participant is selected by the random process, the following will take place:

- Parents/Guardians will be notified before and after the testing.
- All students must be identified by the Athletic Director, Principal or designee before testing.
- Drug testing area must be secured during testing.
- Only lab technician, administrators and students will be present in the drug testing area.
- Privacy will be kept for all students.

**Results of a Positive Test:**

Any positive urine test results will be reported to the Athletic Director, who will notify the parents/guardians and student. Please refer to the Drug Policy – File JJJ-1 for first offense consequences.

Although students risk the loss of their privilege to participate in extracurricular activities, this policy is designed to be non-punitive with regard to academics. This only reflects extracurricular activities.

**Code of Conduct**  
**Acknowledgement and Acceptance by Parent/Legal Guardian and Student**

This document requires a signature by both a parent/legal guardian and the participating student yearly to begin participation in a Mancos School District Athletics program and/or activity.

Your signature at the bottom acknowledges that you have read and agree to the following.

That you have been informed, understand and acknowledge the basic CHSAA eligibility rules and knowledge of the risk of participation. ([see CHSAA Competitors Brochure for reference](#))

Both Parent/Legal Guardian and participant affirm their responsibility in preventing and reporting hazing and/or bullying. ([see CHSAA Competitors Brochure for reference](#))

Both Parent/Legal Guardian and the participant are informed of the serious, catastrophic, and perhaps fatal injuries that may result from athletic participation.

That as a Parent/Guardian you are giving your permission for the participant to participate in one or more athletic programs or activities in the current academic year.

That as a Parent/ Guardian you give your permission for the athletic department to share your main contact information with coaches, and contracted personnel within the Mancos School District Athletic programs. (ie: Athletic Trainer, Contracted Sports Photographer)

Have read and understand the following Mancos School District policy enforcement:

1. Any extracurricular participants determined by the athletic department to be guilty of violating the training rules may be subject to suspension from participation in that sport for the remainder of the season.
2. Any participant determined by the athletic department to be guilty of a second violation of the training rules during a second sports season may be suspended from participation in any athletic activities for the remainder of that sport's season.
3. Any participant determined by the athletic department to be guilty of violating the training rules may be subject to not earning any athletic recognition for that sport.
4. Violation of rules added by head coaches of specific sports, including curfew, personal appearance, etc., may result in accepting the penalties determined by the head coach of that sport. Repeated violations of these additional rules may result in dismissal from that sport. These additional rules must be presented to parents and participants at a pre-season meeting.
5. Coaches will sign a statement of acknowledgement of the rules and the procedures for applying these rules to any violations that might occur.
6. The superintendent will deal with or rule on matters that are not clearly resolved by these rules. The superintendent will apprise the Board of such situations and resolutions to the situation.
7. Athletes/Participants in Extracurricular activities agree to follow the newly adopted policy. Drug and Alcohol Policy for Extracurricular Activities (adopted July 18, 2016) File:JJJ-1.
8. Failure to sign these rules will result in the denial of participation in school activities.

Both the Parent/Legal Guardian and the Participant agree to conduct themselves in a good sportsmanship manner, respecting all game participants, coaches, officials and fellow spectators. Furthermore taking responsibility for your actions whether a participant or spectator.

Parent/Guardian: email \_\_\_\_\_ cell phone number \_\_\_\_\_

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Date

# Emergency Treatment Form

(please print clearly)

## Student Information:

Students name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

Phone

Number: \_\_\_\_\_ Address: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## Medical Information:

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Health Insurance Provider: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Allergies:

Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_

Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_

Allergy: \_\_\_\_\_ Reaction: \_\_\_\_\_

Medical Conditions:

Medical Condition: \_\_\_\_\_

Treatment/Management: \_\_\_\_\_

Medical Condition: \_\_\_\_\_

Treatment/Management: \_\_\_\_\_

## Consent and Release:

I, the undersigned parent/guardian, hereby authorize the staff of Mancos School District to obtain emergency medical treatment for my child, \_\_\_\_\_, in the event of an accident or illness during school activities. I also grant permission for my child to be transported to the hospital or another medical facility if necessary. I understand that every effort will be made to contact me or the emergency contacts listed above before taking such action.

I hereby hold harmless The Mancos School District, its employees, and volunteers from any liability for any injuries or illnesses that may occur during school activities or as a result of emergency treatment provided.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_