

MANCOS SCHOOL DISTRICT RE-6



MIDDLE & HIGH SCHOOL ATHLETIC/ACTIVITIES HANDBOOK 2016/-2017

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MANCOS HIGH SCHOOL

FIGHT SONG

*We're loyal to you, ole MHS
The blue and the white, ole MHS
We'll back you to stand
You're the best in the land
And we know you will stand MHS, Rah, Rah.
Go after the ball for your fame, BLUE JAYS
In no time at all we'll have winning days.
Our team is our fame protector
On boys/girls for we expect a
Victory for you MHS!*

*Written by Hazel M. Goff (Yeomans)
Class of 1930*



Membership

Mancos Middle/High School is a member of the San Juan Basin League Activities Association, Colorado High School Activities Association and the National Federation of State High School Associations.

These associations have united to secure the benefits of cooperative action which eliminate unnecessary duplication of effort and which increase efficiency through the pooling and coordinating of ideas of all who are engaged in the administration of high school athletic and activities programs.

RULES AND REGULATIONS GOVERNING INTERSCHOLASTIC ATHLETICS COLORADO HIGH SCHOOL ATHLETICS ASSOCIATION-CHSAA

Interscholastic athletic programs in the state of Colorado are governed by CHSAA, (Colorado High School Athletic Association). CHSAA supervises and administers all programs and rules as approved by the state. Those persons directly involved with interscholastic programs will receive a CHSAA HANDBOOK and SEASONAL BULLETIN. Coaches should become thoroughly familiar with its contents. COACHES ARE EXPECTED TO KNOW AND FOLLOW ALL CHSAA GUIDELINES AND REGULATIONS.

LEAGUE AFFILIATIONS

Currently, Mancos High School is a member of the San Juan Basin League. Mancos Middle School is also a member of the San Juan Basin League. The SJBL operates within the guidelines established by CHSAA, including all rules and regulations. Copies of the SJBL League Constitutions and By-Laws are available upon request from the Athletic Director. League/district affiliations are listed below:

HIGH SCHOOL & MIDDLE SCHOOL ATHLETICS

**Girls Volleyball San Juan Basin (2A) San Juan Basin League
Boys 8-Man Football (8-man) Mountain Conference
Wrestling (2A) San Juan Basin League
Girls & Boys Cross Country San Juan Basin League
Girls & Boys Basketball (2A) San Juan Basin League
Girls & Boys Track (2A) San Juan Basin League
Game Cheerleading No League Affiliation**

Mancos RE-6 School District Mission Statement for Athletics

The Mancos RE-6 School District supports the philosophy that a quality interscholastic athletic program is vital to the positive social, physical, and educational development of students. The interscholastic athletic program enhances and supports the academic mission of the school system. We are committed to promoting the proper ideals of sportsmanship, ethical conduct, and fair play at all athletic contests. We support high standards of good citizenship and propriety, along with regard for the rights of others.

High School Athletics Philosophy

Our philosophy is to build on the fundamentals that have been laid in the Middle School programs. It is once again our belief that the athlete who suits-up for a contest below the

varsity level should see some game time. The coaches should use their discretion suiting-up people so that success can be seen at some time, during the game situation.

At the varsity level, we do not wish to merely participate in sports; we wish to become successful. If we can create within the student-athlete an intense desire to win, to win fairly, within the rules and gracefully, then we feel that we have taught the student-athlete a good philosophy of life. We feel that the finest character can be built when we have student-athletes who are successful in all their endeavors. Because of this philosophy, the best players should suit up in varsity contests and the style of play will be directed towards winning. Playing time is not guaranteed at the varsity level.

All activity will be governed by the S.J.B.L., CHSAA and NFHS rules and guidelines.

Middle School Athletic Philosophy

Our philosophy will be to instruct and direct our student-athletes in such a manner that they will develop the skills and knowledge necessary to become a complete athlete. During this time we will also strive to develop the student-athlete as a functioning responsible young adult.

Middle School athletics will stress fundamentals, participation and enjoyment, with winning and losing being downplayed. Therefore, it is our belief that each student-athlete who suits up for a contest will participate. Playing time will vary because we will not place a student-athlete in a position where he/she cannot achieve some degree of success. Players will participate usually at the A, B or C levels, depending on players skill level, (not grade level), which is the coaches decision.

All activities will be governed by the S.J.B.L., CHSAA and NFHS rules and guidelines.

Athletic Participation Requirements

A student may participate in Mancos Middle/High School athletic programs provided the following requirements are met:

1. Eligibility:

Students must be listed as eligible to participate on the appropriate form that is completed by the Athletic Director and submitted to the Colorado High School Activities Association. He/she must meet the eligibility requirements set up by the Board of Education.

2. Physical Examination and Parent Permission:

Students must have on file with the Athletic Director the results of a physical examination conducted by a practicing physician, physician's assistant, nurse practitioner, Doctors of Chiropractics who are school physical certified. **A copy must be on file prior to participating.** A provided form signed by his/her parents

certifying that the student has permission to participate in the schools activities program. Students **will not** be allowed to practice without a current physical.

3. Insurance Verification:

Students MUST provide insurance coverage information. If a family wishes to purchase insurance for their child, a form can be obtained from the attendance office. **A copy must be on file prior to participating.**

4. Warning Acceptance:

Students and parents must sign a provided Warning Acceptance Form. This form must be on file with the Athletic Director. Students and parents are informed of serious, catastrophic, and perhaps fatal injuries that may result from athletic participation.

5. Activity Participation Fee: -- Fee must be paid before participating.

Students shall remit a participation fee based on the following:

- High School students: **\$40.00** per activity
- Middle School students: **\$25.00** per activity
- Family fee will NOT exceed **\$200.00** per year per family
- All fees are collected by the Coach or the Mancos Business Office

- **THE FOLLOWIN FORMS ONLY NEED TO BE COMPLETED ONCE WHILE IN ATTENDANCE AT MANCOS SCHOOL DISRICT. (WARNING ACCEPTANCE, RESPECT PLEDGE AND POLICY ENFORCEMENTS).**

Participation Requirements by CHSAA and Mancos School District

A student is eligible to represent Mancos Middle/High School if he/she meets the following specific requirements:

1. He/She is a bona fide undergraduate member of Mancos Middle/High School.
2. He/She is representative of the school's ideals in matters of conduct and sportsmanship, in the judgment of the administration.
3. He/She is a full time student and meets eligibility criteria.
4. He/She must have been eligible in accordance with the preceding paragraph at the close of his/her last prior semester of attendance.
5. He/She meets the age and attendance requirements set up by CHSAA. At the high school level an athlete is eligible to compete if his/her 19th birthday falls on or after August 1. An athlete is allowed 8 consecutive semesters of competition at the high school level.
6. He/She must meet the practice requirements set up by CHSAA as outlined in the CHSAA handbook.
7. He/She must be in attendance **all day in order to practice or participate in any interscholastic competition** unless prior permission has been obtained from the school office.

Eligibility

The eligibility process is as follows:

- The student has until Friday at 12:00 PM to assure their eligibility.
- The teacher shall report participant eligibility status to the administrative assistant by 4:00 PM Friday.
- The administrative assistant shall compile and provide a weekly list of ineligible participants to the AD and principal each Monday. The list is final and will be in affect from that Monday to Monday.
- If the student has 1 F or more in a week, the student is ineligible to participate in that week.
- If the student has 2 or more Ds, he/she will be required to attend after school study hall until the grade is raised to a C- (70%) or higher.
- If a student has an F and is ineligible for three (3) consecutive weeks, he/she will be removed from the team.
- The student is expected to practice and is considered a team member when ineligible.
- A student will be ineligible for the next scheduled game if reported as truant or having an unexcused absence.

Any High School student who receives a “F” for the semester shall be declared ineligible the following nine (9) week grading period according per CHSSA requirements.

A student who has not returned his/her uniform and equipment is not eligible to participate in the next season’s sport. The most recent season coach shall ensure his/her student has returned any outstanding uniform or equipment prior to participating in the next season sport.

A student must be in attendance at school for the entire school day in order to participate in any school-sanctioned activity that is conducted on that day. A student must be in school on the last day of school that is in session in order to participate in an event/activity over the weekend or breaks. An excused absence may be considered an exception if pre-arranged no later than one day before event. Only in cases of emergency or extenuating circumstances shall the Athletic Director or designee grant an exception to this limitation.

A student who is suspended out-of-school shall not participate at practice or competition during the term of the suspension.

CHSAA rules and regulations must be enforced at the official grading periods. Credit and grades for classes will be determined at the end of every quarter. Grades will start over each quarter in both the Middle School and High School.

Outside Participation

Student-athletes are responsible for obtaining Form 21 from the athletic director before he/she participates in the outside competition which includes club sports. CHSAA By-law 2120 states, **“Any student who does so participate in violation of By-Law 2100.2 shall be ineligible to participate in specific or all interscholastic athletic activities for a period of time to be determined by the CHSAA commissioner.”**

Athletic Admission

All High School Activities

Students (K-12)	\$2.00
Adults	\$5.00
Senior Citizens (60 & Up)	Free

Season Passes-regular scheduled home games

Students (K-12)	\$25.00
Adults	\$50.00
Family	\$100.00 (Students under 18 years of age)

Elementary students must be supervised by an adult during athletic events or other school sponsored activities. Students are expected to follow all school rules during sponsored events and activities.

Athletic Chain of Command

At Mancos High School, the following chain of command is in effect starting with the players:



If there are any questions or concerns involving some aspect of our athletic program, the athlete should first contact the appropriate coach. If there is no resolution, he or she would then go to the head coach, etc. The athletics director will facilitate any meeting that is needed, but only after the appropriate chain of command has been adhered to.

Inappropriate behavior at competitions will be dealt with through the Discipline Procedures for unsportsmanlike conduct for Parents, Students, and Staff. Continual violations may result in the loss of privilege to attend any CHSAA sanctioned competition.

Athletic Lockers

Each athlete will be assigned a locker in the team locker room. This locker is to be used by one athlete only though the duration of that sport season. At the end of a sport season, it is the responsibility of the athlete to clean out his/her belongings as soon as possible. Students will be responsible for any damages. It is strongly recommended to bring a lock for your lock. Lockers are then made ready for the next sport season.

Athletic Equipment and Uniforms

Each athlete is responsible for proper care and treatment of all equipment and uniforms issued to them. The athlete will be billed for damaged or missing uniforms or equipment that was checked out to him/her during the sport season.

Awards

Lettering: participation in 25% of varsity contests and completion of the sport season.

1. All Conference: determined by vote of conference coaches. In wrestling, cross country and track the merit system is used.
2. All State: selected by the organization naming the athletes.
3. Academic All-Conference: cumulative GPA of 3.71 at the end of the third quarter. This award can go to an athlete of any grade level that has completed the season.
4. Academic All State: cumulative GPA of 3.6 for 1st team and 3.3 for Honorable mention. This award goes to juniors or seniors only that are varsity letter winners in a CHSAA sponsored activity.
5. Scholar-Athlete Scholarship: awarded by the San Juan Basin Activities.
6. Blue/White Award: community service award that is given to an individual who has given of himself/herself in time, effort, support and loyalty to the various activities of Mancos School District RE-6. The recipient represents Mancos with pride and is voted on by the coaches and sponsors.
7. Fighting Heart Award: awarded to a senior who has participated in at least six sports seasons since entering high school. He/She has never been removed from a sport for disciplinary reasons. Leadership, citizenship, attitude, work ethic, and effort play an important role in determining the winner of this award. The winner will be selected by a vote of coaches and sponsors.

Coach's Education

It is recommended that Coaches at Mancos High School attend conferences, clinics or camps dealing with their individual sports during the calendar year, when possible. It is believed that this will help promote their expertise in their respective sports.

All head coaches must be familiar with the guidelines and rules as determined by CHSAA. Article 16 covers general information dealing with qualifications of coaches, directors as well as assistant coaches. Article 23 discusses the guidelines for practices and scrimmages during the competitive season. The CHSAA Handbook containing the constitution and bylaws is available for examination by coaches and parents at any time.

Concurrent Sports

Concurrent sports are those in which two or more separate activities are being conducted during the same sport season. Each individual athlete must commit to an activity within one week of its formal workouts. After this one-week time window, an athlete is committed to his/her activity of choice and will only be considered eligible for that activity. All athletes must report to practice on the official start date for the sport season. Official start dates are recommended by CHSAA.

Grievance

This handbook is provided to you to ensure you understand the rules of our school. The District also provides written documentation of School Board Policy in regard to policy. You may review this document by setting a time with the District Office personnel. It is your responsibility and the responsibility of your parent/guardian to become familiar with the regulations and procedures contained in both publications.

Due process means you are given an opportunity to explain your perception of an incident for which you are receiving disciplinary action. It is appropriate to contact the next individual in the chain of command when a school official did not follow school and Board policy. It is not appropriate to expect school officials to circumvent policy and/or consequences. Questions are always welcome. Should you have a question regarding the implementation of school policy and consequences, you must follow our communication process, speaking first with the school official/Coach, the Athletic Director, Principal, and the Superintendent and then to the School Board. You must submit any formal grievance in writing to the Athletic Director with a copy to the Principal and Superintendent.

Harassment-Sexual/Bullying-Hazing –

Individuals who are found to participate in harassing and bullying behavior will be disciplined and may be removed from season play. See the School Handbook for Discipline Procedures.

ATHLETIC CODE OF CONDUCT

While under the supervision of the coaching staff at Mancos High School, and while engaging in any activity connected with a team, an athlete must at all times place the best interests with their team and school. This includes all practice sessions, contests, travel and in any other situation where the purpose of the activity is related to team

membership. Also, any behavior referrals or other school rule violations may place the student athlete at risk of game suspension or removal from the team.

In cases where the conduct of an athlete becomes inappropriate as a representative of our school's interscholastic program, he/she may be subject to expulsion from the team. Such measures will be taken only after consideration of the circumstances by the coach.

The following is a list of unacceptable behavior that may result in the forfeiture of team membership. This list should not be considered complete, since there could be other infractions occurring of the same severity.

- Use of drugs
- Use of tobacco products
- Use of alcohol
- Stealing
- Flagrant misconduct
- Insubordination
- Failure to meet responsibilities to the team: family vacations (other than during the times designated by the school calendar), hair appointments, baby-sitting, etc. are examples of unacceptable substitutes for team practice sessions and games
- Poor sportsmanship

Coaches' Code of Conduct

The function of the coach is to educate students through interscholastic competition. Each student-athlete should be treated as though he or she was the coach's own and his or her welfare should be uppermost at all times. Accordingly, the Mancos School District RE-6 has adopted the following guidelines for coaches.

- The coach shall realize that he or she has a tremendous influence, for either good or ill, on the education of the student-athlete and, thus, shall never place the value of winning above the value of instilling the highest ideals of character.
- The coach shall teach and model good citizenship and sportsmanship.
- The coach shall take an active role in the prevention of drug, alcohol and tobacco abuse.
- The coach shall abstain from the use of tobacco products when in contact with players.
- The coach shall master the contest rules and teach them to his or her team members. The coach shall not seek an advantage by circumvention of the spirit or letter of the rules.
- The coach shall exert his or her influence to enhance sportsmanship by spectators, players and fellow coaches.
- The coach shall recognize safety as a major component in his or her sport. This will include:
 - Conducting practices and games in a safe physical environment
 - Using knowledge of proper skills and methods of instruction
 - Using safe and appropriate equipment
 - Planning long and short range practices
 - Certified in CPR/First Aid/ AED

- Practices are often stressful and are not always fun. Each practice must have an objective to achieve, and not all objectives can be achieved through fun and games; in some instances, frustration and some conflict will arise. Normally practices are a time of work and the games are the fun aspect of the activity.
 - Matching of athletes in practices and games by size, experience and ability
 - Providing adequate supervision of athletes
 - Providing warnings to parents and athletes of risks inherent in sport participation
 - Being sensitive to the health and well being of athletes under the coach's care
 - Coaches must allow student athletes to use any prescription medicine including inhalers when directed by the physician. The parent and student athlete needs to make the coach aware of any medical conditions. The coach will abide by the orders of the doctor without question.
 - An injury is considered to be an injury whenever it is brought to the attention of the coach. Each person has a different threshold of pain, so a coach must be aware of this and each case will be handled on its own merits. If the injury continues to hamper the athlete's ability to participate then practice and playing time will be limited. This should not be misconstrued to think that the coaching staff does not want to be made aware of injuries whether, minor or major, this is not true. The student's health and safety is of utmost importance. If the athlete continues to have a problem with an injury then the student will have to get a doctor's release to resume play. This is something that must be communicated to the parent and the athlete at the proper time. Liability is something that everyone has to be aware of in this day and time.
 - Providing appropriate emergency care – Coaches will have an up to date CPR card and training. An emergency procedure plan will be on file for each sport with the office and athletic director
 - Preventing and reporting harassment and discrimination by coaching staff and athletes
 - The district's harassment policy states that no one is allowed to belittle or ridicule a person whether it is a coach, player, official or parent. The school district has guidelines that must be followed in all cases of this nature. It is the philosophy of the athletic department that the action of a person will be criticized but never the individual themselves.
 - Reporting suspected child abuse to proper authorities
 - Respecting and protecting the confidentiality of student personal records and conversations
 - Reporting breaches of ethical behavior by colleagues to the administration
- The coach shall not taunt players, coaches or officials. Taunting is considered any action or comments by coaches, players or spectators that are intended to bait, anger, embarrass, ridicule or demean others, whether or not the deeds or words are vulgar or racist. (Rule 2200.21 of the Colorado High School Activities Association Constitution)
- The coach shall do his or her best to promote a positive role model for students, spectators and the community in both word and action.
- The coach shall promote open communication with parents/guardians.
 - Parents are welcome at practices but they need to make arrangements with the coach. It is understood that they are there strictly in an observation role and any interference would not be tolerated and further attendance would not be allowed if this took place.

- Communication is encouraged and welcome by the coaching staff. It should be constructive and be an attempt to create a better environment between the coach, parent and athlete. Discussions of concern or issues need to be brought to the coach the next school day. Bringing issues such as these up immediately after a contest is highly discouraged and normally positive solutions will not be reached.
- **The chain of command must be followed by everyone in order to address concerns and issues properly and in a timely manner. The chain of command is as follows: Coach – Athletic Director – Principal – Superintendent – School Board.**
- The coach shall promote academic success of all students
 - Coaches must allow students to take tests and receive additional help from teachers. The athlete is a student first. The only request is for the athlete to let the coach know and then bring a note from the teacher indicating the time that they left the classroom.

Good Sportsmanship Guidelines for Parents

- **Playing time and game strategy is the job of the coach, not the parent.** Coaches are instructed to inform you about what your child's role is on the team and how they are performing or can improve. Playing time, strategy and discussion about other team members is not allowed.
- Remember that you are at a contest to support and cheer for your team and to enjoy the skill and competition; not to intimidate or ridicule the other team and its fans.
- Remember that school athletics are learning experiences for students and they may make mistakes. Praise student-athletes in their attempt to improve themselves as students, as athletes and as people as you would praise a student working in the classroom.
- Do not yell instructions to your child during the contests. Sometimes the best thing you can do as a parent is to be quiet.
- Learn the rules of the game, so that you may understand and appreciate why certain situations take place.
- Cheer and acknowledge good plays by both teams.
- Make no negative comments about the game, coaches, officials or teammates.
- Set a good example of sportsmanship. No matter what others do, show respect for all involved in the contest, avoiding taunting and use of abusive language. **Admission is a privilege to observe the contest, not a license to verbally assault others and be generally obnoxious.**
- Use only those cheers that support and uplift the teams involved.
- Thank officials for doing a difficult job, coaches for their efforts and opponents for a good game after the contest.
- **DO NOT** go onto the field or court even in the event of injury. We will ensure that your child receives the best care needed.
- Congratulate your child and his or her teammates for their efforts.
- Avoid criticizing your child or correcting mistakes after a game.
- **ANY questions need to be done in writing and brought up with the coach the following day. Meeting with a coach directly after a contest with complaints is not allowed.**

Discipline Procedures for Unsportsmanlike Conduct for Parents, Students, and Staff

Discipline procedures for unsportsmanlike acts recognized by the officials of the contest, coaches or game administration

STEP I: discussion of the incident, warning of possible consequences if there is another incident with a letter regarding the situation placed in the file.

STEP II: discussion of the incident, insistence on self-control and a suspension of at least ONE contest, a letter regarding the situation will be placed in the file.

STEP III: discussion of incident, suspension of at least TWO contests, letter regarding the situation will be placed in the file and possible removal from the activity for the remainder of the season.

STEP IV: follow the guidelines set up by CHSAA if cases of removal from a contest by an official occur.

The administrator or designated representative of the school, in attendance at the contest will handle unsportsmanlike acts, not recognized by the officials of the contest, in an appropriate manner.

Activity Trip Rules

- No glass containers
- Heavy objects must go underneath seat when possible or in the luggage compartment
- Rear dome lights must stay on
- Students must abide by the dress code
- No boys and girls in the same seats
- When boys and girls travel together they will be placed boys or girls in the back and the others in the front. They will trade off on each trip.
- No loud music – use walkman or headphones
- No sleeping or sitting in the aisles
- Stay seated when the bus is moving
- Keep aisles clear
- Keep emergency exits clear
- Please keep feet off the seats
- Do not throw anything out of the windows
- Any damages on activities and/or field trips (broken windows, cut seats, discharged fire extinguishers, etc.) will be paid for by the student or the activity group if no one accepts responsibility for damages.

Interscholastic Athletics Training Rules

Participation in extra-curricular activities, including interscholastic athletic activities offered by the district, is a privilege rather than a right. This privilege is earned through academic achievement as well as good citizenship and is contingent on compliance with all applicable rules and standards of the school and CHSAA. Students participating in extracurricular activities are required to maintain a higher standard of conduct than other students.

These training rules are established to enhance school activities and programs, and to ensure the protection of the health, safety, and welfare of those students involved in activities who must also meet the requirements established by the Colorado High School Activities Association (CHSAA). These training rules may be reviewed periodically upon request of the Board, superintendent, principal, athletic director, or coaching staff.

These training rules shall be applicable during each sports season during the school year.

1. Any athlete who knowingly uses tobacco products by smoking or chewing or drinks or is in possession of alcoholic beverages will be in violation of the training rules.
2. Any athlete who possesses or uses drugs, including prescription drugs without a prescription, narcotics, and steroids will be in violation of the training rules.
3. Any athlete who knowingly and willfully commits a criminal action that would be considered a second-degree misdemeanor, first-degree misdemeanor, or a felony will be in violation of the training rules.
4. All varsity head coaches have the right to add to these training rules **including the addition of personal appearance standards, curfew hours, etc.** Any additions must be approved by the principal and placed on file in the principal's office and with the athletic director. Additions will be in effect only for the specific season of that sport. Any athlete who knowingly violates these additional training rules will be in violation of the training rules.
5. All rules governing extra-curricular activities shall be complied with by student participants.

Procedure for Application of Policy

1. Any athlete alleged to have violated the rules shall be reported to the principal and the athletic director with a written statement as to the violation or with the agreement to make a statement before a hearing committee. Allegations made by a staff or law enforcement member will be considered. The principal and athletic director will determine the validity of the allegation and whether the allegation should be forwarded to the hearing committee. If the principal and athletic director is the same person, the superintendent will be the second party involved in the determination.
2. The athlete will be notified of the alleged violation and will be informed that the athlete has a right to a hearing. The athlete must inform the athletic director of the athlete's intention to have a hearing within 24 hours of being notified of the violation. If the athlete does not request a hearing, the committee will make finding based on the information available and, if appropriate, may enforce policy punishments as the hearing committee deems appropriate.
3. The hearing will be held on the next scheduled school day unless a scheduling conflict exists. The hearing committee may modify this schedule when necessary.
4. The athlete will be suspended from practices, games, and events until the hearing is held and a decision is reached.
5. The hearing committee will be composed of the athletic director, principal, and head coach of the sport in whose season the violation occurred. If the principal and athletic director is the same person, the superintendent will be a part of the committee. In any situation where only two people might have the job titles listed, the third committee member will be a head coach selected by the athletic director.
6. At the discretion of the committee, the athlete's parent(s)/guardian(s) shall be invited and other persons may be invited to the review meeting. The staff member or law enforcement agent making the allegations will be present unless extenuating circumstances prevent attendance. If the person making the allegation is not able to be present, that person must provide a signed written statement of the alleged violation.
7. After the hearing a decision will be reached by the committee concerning the allegation and the application of policy enforcement.
8. The decision reached by this committee will be final.

Drug and Alcohol Policy for Extracurricular Activities – File JJJ-1

Please refer to Policy for full reading.

Purposes of this policy:

1. To provide a healthy and safe environment to all 6th-12th grade students to which this policy applies.
2. To discourage all students from using drugs and alcohol.
3. To provide students with the opportunity to become leaders in the student body for a drug and alcohol free school.
4. To provide solutions for the student who may use drugs and alcohol.
5. To encourage students to remain drug and alcohol free.

Random Selection:

Random testing will be unannounced. A system will be used to ensure that students are selected in a random fashion. This system may include a computer generated random numbers or names or by pulling numbers from a poll of numbers equal to the number of eligible students.

School officials have the right to have a student tested for drug and/or alcohol use when there is “reasonable suspicion”, (not rumors). This applies to all students participating in an extracurricular activity during that season.

When a participant is selected by the random process, the following will take place:

- *Parents/Guardians will be notified before and after the testing.
- *All students must be identified by the Athletic Director, Principal or designee before testing.
- *Drug testing area must be secured during testing.
- *Only lab technician, Administrator and students will be present in the drug testing area.
- *Privacy will be kept for all students.

Results of a Positive Test:

Any positive urine test results will be reported to the Athletic Director, who will notify the parents/guardians and student. Please refer to the Drug Policy – File JJJ-1 for first offense consequences.

Although students risk the loss of their privilege to participate in extracurricular activities, this policy is designed to be non-punitive with regard to academics. **This only reflects extracurricular activities.**

Mancos School District Policy Enforcements

1. Any extracurricular participants determined by the committee to be guilty of violating the training rules may be subject to suspension from participation in that sport for the remainder of the season.
2. Any participant determined by the committee to be guilty of a second violation of the training rules during a second sports season may be suspended from participation in any athletic activities for the remainder of that sport's season.
3. Any participant determined by the committee to be guilty of violating the training rules may be subject to not earning any athletic recognition for that sport.
4. Violation of rules added by head coaches of specific sports, including curfew, personal appearance, etc., may result in accepting the penalties determined by the head coach of that sport. Repeated violations of these additional rules **may** result in dismissal from that sport. These additional rules must be presented to parents and participants at a pre-season meeting.
5. Coaches will sign a statement of acknowledgement of the rules and the procedures for applying these rules to any violations that might occur.
6. The superintendent will deal with or rule on matters that are not clearly resolved by these rules. The superintendent will apprise the Board of such situations and resolutions to the situation.
7. Athletes/Participants in Extracurricular activities agree to follow the newly adopted policy. Drug and Alcohol Policy for Extracurricular Activities (adopted July 18, 2016) File:JJJ-1.
8. Failure to sign these rules will result in the denial of participation of school activities.

Parent/Guardian Signature

Date

Student-athlete Signature

Date

RESPECT PLEDGE
Colorado High School Activities Association

All people in our community need to know that respect is a lifetime value taught through interscholastic activities and it is a principle of good citizenship. By taking this pledge, a person chooses to accept responsibility for his/her actions whether a participant or spectator.

WHY DO WE NEED TO DEMONSTRATE RESPECT FOR EACH OTHER?

1. To decrease the emphasis on winning or losing.
2. To promote ethics and integrity in all walks of life.
3. To learn the attitudes necessary for responsible behavior.
4. Respect is about relationships – not the game.

The CHSAA Spectator Respect Pledge

I _____ will focus my actions as a spectator of high school athletics/activities on respecting all game participants, coaches, and officials. I believe that by demonstrating respect for all people involved in any activity, I am a catalyst; I am a catalyst for positive interaction among the participants and fans for interscholastic activities and athletics. By taking this pledge I accept responsibility of serving as a role model for all members of my community.

Signature/Date