

# Mancos Elementary School 2023-2024 Classroom Supply Lists

Updated: 05/15/2023

### Kindergarten

### Please label these items:

- One water bottle
- Backpack
- Two healthy snacks daily see list on back
- One PLASTIC pencil box
- One pair of good scissors rounded tip preferred (no animal scissors)
- One CLEAR plastic pencil bag w/ 3 binder holes
- Clorox wipes
- Sponges
- Wireless mouse
- Headphones for use with computers (kids size)
- Optional: duct tape (any color)

## 3<sup>rd</sup> Grade

### Please label these items:

- One water bottle
- Backpack
- Two healthy snacks daily see list on back
- Pencil bag
- One pair of scissors
- Clorox wipes
- Wireless mouse
- Headphones/earbuds for use with computers (kids size)
- Optional:
  - multiplication and division flash cards
  - 12" Ruler with both inches and centimeters

### 1<sup>st</sup> Grade

### Please label these items:

- One water bottle
- Backpack
- Two healthy snacks daily see list on back
- Pencil box
- One pair of good scissors (rounded tip preferred)
- Clorox wipes and hand sanitizer
- Wireless mouse
- Headphones for use with computers (kids size)
  \*\*\*These items do NOT need to be labeled\*\*\*
- Duct tape

### 4th Grade

### Please label these items:

- One water bottle
- Backpack
- Daily healthy snack see list on back
- 9 Pencil box
- One pair of scissors
- Clorox wipes
- Wireless mouse
- Headphones for use with computers (kids size)

# 2<sup>nd</sup> Grade

#### Please label these items:

- One water bottle
- Backpack
- Two healthy snacks daily see list on back
- Pencil box
- Scissors
- Wireless mouse
- Headphones for use with computers (kids size)
- Clorox wipes and hand sanitizer (optional)

### 5<sup>th</sup> Grade

#### Please label these items:

- One water bottle
- Backpack
- Daily healthy snack see list on back
- Clorox wipes and hand sanitizer
- Wireless mouse
- Headphones for use with computers (kids size)
- Scissors

PE Class - Pair of tennis shoes + one water bottle required

Art Class - Smock (optional)

**Nursing Supplies (optional but appreciated)** 

Bottled water, sponges, Junior Tylenol or Motrin, tissues, wipes, bandaids

# **Library Supplies**

Any color duct tape

# Healthy Ideas for Classroom Snacks and Parties

Snacks are important for providing children with nutrients to support growth and learning. With a little imagination, snacks and parties can be fun and still provide healthy, nutrient-rich foods.

"If it came from a plant, eat it, If it was made in a plant, don't" ~ Michael Pollan

#### Here are some ideas:

- Fresh fruit
- Carrot sticks, hummus and pita chips
- Strawberries and mini brown rice cakes
- Fruit and cheese kabobs
- Celery sticks with peanut butter and raisins
- Celery sticks with cream cheese
- Vegetable tray
- Raisins and cheese sticks
- Unsweetened applesauce cups
- Nut free trail mix whole wheat crackers, pretzels, raisins/craisins, pumpkin seeds
- Trail mix
- Watermelon slices and mini gouda wheels
- Turkey or ham and cheese pinwheels
- Popcorn (unbuttered)
- Apple and almond butter or seed butter
- Quesadillas with salsa
- Nuts, seeds
- Nut free, if necessary, granola bars
- Cottage cheese and apple crisps
- Seaweed
- Devilled eggs
- Guacamole and tortilla chips
- Cubed chicken and cheese
- \*\* some classrooms are nut free, please check with your classroom teacher \*\*

### Nutritious Snacks from A to Z

A – apples, apricots

B - bananas, bean dip, blueberry bagels

C - cantaloupe, carrots, celery, cheese,

D - dried fruit chips

E - eggs

F - fig bars, fruit kabobs

G - grapes, grapefruit

H - honeydew melon

I - iceberg lettuce wraps

J - jerusalem artichokes

K - kiwi fruit, kidney beans

L - limes, lychees

M - mangoes, melon

N - nectarines, nuts \*\*

O - orange wedges

P - peaches, pita bread, pretzels

Q - quesadillas with salsa

R - raisins, rice cakes

S - strawberries, salsa

T - tortillas with filling, trail mix

U - unbuttered popcorn

V - vegetables

W - watermelon

X – exciting fruits and vegetables

Y - yellow apples

Z - zucchini slices